

CANADA TRAIN TRIPS

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Vancouver & the Canadian Rockies Rail Vacation

2026

Canadian Rockies One-Way Itinerary

8 Days / 7 Nights Vancouver to Calgary

Not yet on sale

INTRODUCTION

Experience Western Canada & Vancouver on this popular Canadian Rockies rail vacation. Start with your choice between a day excursion to Victoria or Whistler, then board VIA Rail's renowned Canadian train and travel overnight in a sleeper cabin to Jasper. Here you'll enjoy an Ice Explorer ride onto the Athabasca Glacier, then travel to Lake Louise by coach before continuing to Banff. Choose between wildlife watching, viewing grizzly bears or taking part in a cowboy cookout, then wrap up the trip in Calgary.

Itinerary at a Glance

DAY 1	Vancouver Arrival
DAY 2	Vancouver Freedom of Choice - Choose 1 of 3 Excursions Option 1. Vancouver City Highlights & Capilano Suspension Bridge Option 2. Granville Island Market Tour Option 3. Grand E-bike Tour of Stanley Park, Granville Island & Vancouver
DAY 3	Vancouver to Jasper VIA Rail
DAY 4	Arrive Jasper VIA Rail
DAY 5	Jasper to Lake Louise Tour with picnic lunch Includes Ice Explorer Ride onto the Athabasca Glacier + Glacier Skywalk
DAY 6	Lake Louise to Banff Transfer Coach
DAY 7	Banff Freedom of Choice - Choose 1 of 5 Excursions

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Call 1 800 986 4560 Monday - Friday: 8am - 5pm PST Saturday: 8am - 4:30pm PST Sunday: 11am - 5pm PST

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Suite 1200, 675 West Hastings Street, Vancouver, BC, V6B 1N2, Canada

Option 1. Discover Banff & Its Wildlife Tour + Banff Gondola

Option 2. Banff National Park Explorer Moraine Lake & Lake Louise | Small Group Tour with Picnic Lunch

Option 3. Rockies Hidden Gems Yoho & Kootenay National Parks | Small Group Tour with Picnic Lunch

Option 4. Cowboy Horseback Cookout BBQ Lunch or Dinner

Option 5. Banff Personalised Tailor-made Excursion

DAY 8

Banff to Calgary Transfer | Coach



MAP



DETAILED ITINERARY

The below itinerary reflects our recommendations for this specific trip. We also offer tailored private excursions, allowing you to personalize the itinerary to match your custom preferences. This itinerary is also available in the reverse direction.

Day 1 Vancouver | Arrival

Upon arrival in Vancouver transfer (own cost) to your hotel, the rest of the day is at leisure to enjoy the sights.

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Day 2 Vancouver | Freedom of Choice - Choose 1 of 3 Excursions

Today you can personalize your day by choosing one of these excursions

Option 1. Vancouver City Highlights & Capilano Suspension Bridge

This tour is the perfect blend of city and nature. Explore downtown Vancouver's urban elements and immerse yourself in the rugged North Shore wilderness. Highlights include Capilano Suspension Bridge, Chinatown, Gastown, Stanley Park, Granville Island, and Vancouver Lookout Tower.

Option 2. Granville Island Market Tour

Discover Granville Island, Canada's second most-visited destination. Enjoy a vibrant tour through Vancouver's renowned Public Market, savoring delicious bites while uncovering the captivating stories, culture, and history behind each creation. Experience the hidden gems that even locals miss!

Option 3. Grand E-bike Tour of Stanley Park, Granville Island & Vancouver

Explore Vancouver's highlights on this all-encompassing tour! Visit Stanley Park, ride the Seawall, discover hidden forest trails, cross to Granville Island, see False Creek's stunning views, and explore Olympic Village, Science World, Chinatown, and historic Gastown. Enjoy a 45-minute lunch break at Granville Island Public Market.

Day 3 Vancouver to Jasper | VIA Rail

This afternoon, board VIA Rail's 'Canadian' train for the famous rail journey to the majestic Canadian Rockies. Pass through the rich fields of the Fraser Valley and the towering peaks of the Coastal Mountains before entering the Fraser Canyon. Follow the Thompson River through spectacular landscapes as you enjoy dinner (included), then retreat to your private quarters that have been converted into a bedroom.

Day 4 Arrive Jasper | VIA Rail

Rise to the snowy peaks of the Canadian Rockies today as you arrive in Jasper and transfer to your hotel. The day is free to explore this unique alpine community. (breakfast included today onboard VIA Rail)

Day 5 Jasper to Lake Louise Tour | Glacier Adventure, Skywalk & picnic lunch

Your sightseeing tour today will encompass the ultimate glacier exploration as you travel along the spectacular Icefields Parkway. From walking on ancient ice with the Ice Explorer ride (included), to standing on a glass platform almost one thousand feet in the air at the Glacier Skywalk (included), today's experiences will leave you with a special appreciation for this treasured region of the Rockies. (Picnic lunch included today)

Day 6 Lake Louise to Banff Transfer | Coach

Start your day with a leisurely morning exploring the stunning beauty of Lake Louise. With either a mid or late afternoon transfer to Banff, you have the flexibility to canoe on the lake, hike to the Glacier Teahouse, or indulge in afternoon tea at the iconic Fairmont Chateau Lake Louise before departing for the 45-minute journey along the breathtaking Bow Valley Parkway. Whether you choose the scheduled transfer (included) or a private transfer, both options allow you to customize your time between these two stunning destinations.

Day 7 Banff | Freedom of Choice - Choose 1 of 5 Excursions

Today you can personalize your day by choosing one of these excursions.

Option 1. Discover Banff & Its Wildlife Tour + Banff Gondola

Discover Banff's natural wonders on this half-day, small-group tour. Marvel at sights like Bow Falls, Hoodoos rock formation, and Lake Minnewanka. Conclude your exploration with a relaxing gondola ride to Sulphur Mountain's peak, maximizing your views of Banff National Park effortlessly. Enjoy the enchanting beauty of these landmarks with minimum exertion.

Option 2. Banff National Park Explorer Moraine Lake & Lake Louise | Small Group Tour with Picnic Lunch

Join this small group tour for a curated experience of Banff National Park's highlights, with the added chance to spot wildlife through expert local guidance. Enjoy unhindered access to Moraine Lake & Lake Louise, spending over 11/2 hours at each, discovering hidden gems and serene trails. The final phase of the tour is tailor-made in Banff by your guide, considering recent wildlife sightings and your interests, ensuring the day concludes on a high note.

Option 3. Rockies Hidden Gems Yoho & Kootenay National Parks | Small Group Tour with Picnic Lunch

Avoid the crowds with this full-day adventure in the Kootenay and Yoho National Parks, featuring picturesque waterfalls and Canadian Rockies views. Start with a relaxing stroll in Kootenay National Park's Marble Canyon, marveling at turquoise glacial waters and striking canyon walls. Enjoy Emerald Lake's neon blue waters, where optional canoe rentals, hiking trails, and lakeside picnics are available. The day concludes with a visit to Canada's 2nd tallest waterfall, Takakkaw Falls, accessible through backroads offering mountain vistas and wildlife sightings.

Option 4. Cowboy Horseback Cookout BBQ Lunch or Dinner

Saddle up for a ride along the Bow River in Banff and a Western style cookout. Choose from riding on horseback or in a covered wagon through the beautiful Rocky Mountain terrain.

Option 5. Personalised Tailor-made Excursion

Talk with one of our local Canada specialists to tailor your day in Banff to your preferences. Choose from a variety of experiences, including guided hikes, evening wildlife e-bike tours, river explorer canoe tours, a foodie tour at the Fairmont Banff Springs Hotel, or upgrade to a selection of private tours of the region. Alternatively, you can spend the day relaxing and enjoying the fresh mountain air, and we'll credit the cost of your excursion.

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Day 8 Banff to Calgary Transfer | Coach

Today you will leave behind the fresh mountain air and colourful sights of the Rockies. We will schedule a transfer to bring you to downtown Calgary, or to the Calgary Airport to connect with your flight home.



INCLUDED

Package Includes:

- Sleeping berth onboard VIA Rail Sleeper Touring service for 1 night
- 2 nights accommodation in Banff
- 1 night accommodation in Lake Louise
- 1 night accommodation in Jasper
- 2 nights accommodation in Vancouver
- Vancouver | Freedom of Choice - Choose 1 of 3 Excursions
- Vancouver City Highlights & Capilano Suspension Bridge
- Granville Island Market Tour
- Grand E-bike Tour of Stanley Park, Granville Island & Vancouver
- Transfer between rail depot and hotel in Jasper
- Full day tour between Jasper and Lake Louise with picnic lunch included
- Ice Explorer ride on to Athabasca Glacier
- Glacier Skywalk
- Scheduled coach transfer between Lake Louise and Banff hotels
- Banff | Freedom of Choice - Choose 1 of 5 Excursions
- Discover Banff & Its Wildlife Tour + Banff Gondola
- Banff National Park Explorer Moraine Lake & Lake Louise | Small Group Tour with Picnic Lunch
- Rockies Hidden Gems Yoho & Kootenay National Parks | Small Group Tour with Picnic Lunch
- Cowboy Horseback Cookout BBQ Lunch or Dinner
- Personalised Tailor-made Excursion
- Scheduled coach transfer between Banff hotel and Calgary
- Meals as per itinerary
- National Park fees

Hotel & Rail Information | Moderate Grade

- Vancouver - Rosedale on Robson | One Bedroom Deluxe

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- VIA Rail | Semi Private Sleeper Berth
- Jasper - Moderate Hotel | Standard Room
- Lake Louise - Fairmont Chateau Lake Louise | Fairmont Room
- Banff - Elk+Avenue Hotel | Standard Room

Hotel & Rail Information | Superior Grade

- Vancouver - Sutton Place Hotel | Sutton Room
- VIA Rail | Private Cabin
- Jasper - Forest Park Hotel | Woodland Balcony or Alpine Room
- Lake Louise - Fairmont Chateau Lake Louise | Fairmont Room
- Banff - Banff Caribou Lodge | Superior Room

Hotel & Rail Information | Deluxe Grade

- Vancouver - Fairmont Hotel Vancouver | Fairmont Room
- VIA Rail | Private Cabin
- Jasper - Fairmont Jasper Park Lodge | Deluxe Room
- Lake Louise - Fairmont Chateau Lake Louise | Deluxe Mount Temple
- Banff - Fairmont Banff Springs Hotel | Deluxe Room

Hotel & Rail Information | Deluxe Plus Grade

- Vancouver - Fairmont Hotel Vancouver | Deluxe City View Room
- VIA Rail | Private Cabin
- Jasper - Fairmont Jasper Park Lodge | Premier Deluxe Room
- Lake Louise - Fairmont Chateau Lake Louise | Deluxe Mount Temple
- Banff - Fairmont Banff Springs Hotel | Deluxe Mountainview Room

Not Included

- Gratuities
- Activities other than specified
- Meals other than specified
- Portage fees

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